



SSSGC Zone 1 USA, Region 2

Retreat 2026 YA Schedule



Thursday, May 21st 2026

Bhajans	5:30 PM - 7:00 PM
Dinner (Dining Hall)	7:00 PM - 8:00 PM

Friday, May 22nd 2026

Wake-up Bell	5:30 AM
Morning Prayers and Offerings (Devotional Hall)	6:00 AM - 6:50 AM
Vedam Chanting (Swami's Room)	6:00 AM - 7:00 AM
Breakfast	7:15 AM - 8:00 AM
Bhajans	8:15 AM - 9:15 AM
Paduka Pooja	9:30 AM - 12:30 PM
Lunch	1:00 PM - 2:00 PM
Speaker Dr. Vineeth Basotia (Main Program)	3:00 PM - 4:30 PM
Tea Break	4:30 PM - 5:00 PM
Bhajans	5:15 PM - 6:45 PM
Speaker: Dr. P.V. Shankar with YAs	7:15 PM - 8:15 PM
Dinner	8:15 PM - 9:15 PM
YA/Adult Cultural Program Practice	8:45 PM to 10:30 PM

Saturday, May 23rd 2026

Sunday, May 24th 2026

Wake-up Bell	5:30 AM
Morning Prayers and offerings	6:00 AM - 6:50 AM
"Soul Nourishment "(A simple and elegant version of Yoga And Meditation)	7:00 AM - 7:30 AM
Breakfast (Dining Hall)	7:30 AM - 8:15 AM
Bhajans	8:30 AM - 9:30 AM
YA Workshop	10:00 AM - 11:30 AM
Speakers: National YA Team & Regional YA Advisors (Sanjay Gandikota, Rushi Thanawala, Navya Jajmi, Krishnan Shankar)	11:30 AM - 12:30 PM
Lunch	12:45 PM - 1:30 PM
Speaker: Dr. Vineeth Basotia	1:45 PM - 2:45 PM
SSSE Music Ensemble	3:15 PM - 4:00 PM
Tea Break	4:00 PM - 4:30 PM
SSSE Children Cultural Program	4:30 PM - 6:15 PM
Bhajans	6:30 PM - 7:30 PM
Dinner	7:30 PM - 8:30 PM
Drone Shot - SSSE + YA/Adults	8:30 PM
Campfire (Weather Permitting)	9:00 PM - 10:00 PM
YA/Adult Cultural Program Practice	7:45 PM - 10:30 PM

Wake-up Bell	5:30 AM
Morning Prayers and offerings	6:00 AM - 6:50 AM
"Soul Nourishment "(A simple and elegant version of Yoga And Meditation)	7:00 AM - 7:30 AM
Breakfast (Dining Hall)	7:30 AM - 8:15 AM
Bhajans	8:30 AM - 9:30 AM
Plenary Session / Q&A / Sri R. J. Rathnakar	9:30 AM to 11:30 AM
Regional Video Presentation / Global Council Activities Video	11:30 AM - 11:45 AM
Gratitude Offering	11:45 AM - 12:30 PM
Drone Shot with Dignitaries, SSSE, YA, Adults	1:30 PM
Outdoor activities for SSSE, YA, and Adults	1:45 PM - 2:45 PM
Cultural Program by Young Adults + Adults (Devotion Hall)	3:00 PM - 4:30 PM
Tea Break	4:30 PM - 5:00 PM
Bhajans	5:15 PM - 6:15 PM
Dinner	6:30 PM - 7:30 PM
YA Led Panel Discussion / Game Show	7:45 PM - 8:45 PM
Campfire (Weather Permitting)	8:30 PM - 9:30 PM

Monday, May 25th 2026

YA Breakfast Prep	5:30 AM - 7:30 AM
Breakfast (Dining Hall)	7:30 AM - 8:15 AM
Speaker : Dr Vineet Basotia	8:30 AM - 9:30 AM
Bhajans (YAs & SSSE 4)	9:45 AM - 11:15 AM
Arthi	11:30 AM